

WESTMONT

YARD

J

Soccer

Monday

1 Dribbling
Passing

Tuesday

2 Passing
Shooting

Wednesday

3 Shooting
Defense

Thursday

4 Defense
Team Play

Friday

5 Fun
Games

Theme
Days

2

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Multi-Sport

8 Hockey
Baseball

9 Football
Ultimate
Frisbee

10 Volleyball
Handball

11 Kickball
Basketball

12 Soccer
Fun Games

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Soccer

15 Dribbling
Passing

16 Passing
Shooting

17 Shooting
Defense

18 Defense
Team Play

19 Fun
Games

2

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Multi-Sport

22 Dodgeball
Field games

23 Lacrosse
Baseball

24 Frisbee Golf
Football

25 Badminton
Soccer

26 Hockey
Fun Games

6

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Y

Monday

Tuesday

Wednesday

Thursday

Friday

Soccer

29 ★
Dribbling
Passing30 ★
Passing
Shooting1 ★
Shooting
Defense2 ★
Defense
Team Play3 ★
Fun
Games

Multi-Sport

6 ★
Frisbee Golf
Basketball7 ★
Handball
Soccer8 ★
Ultimate
Frisbee
Dodgeball9 ★
Kickball
Lacrosse10 ★
Volleyball
Fun Games

Soccer

13 ★
Dribbling
Passing14 ★
Passing
Shooting15 ★
Shooting
Defense16 ★
Defense
Team Play17 ★
Fun
Games

Multi-Sport

20 ★
Basketball
Football21 ★
Baseball
Badminton22 ★
Lacrosse
Hockey23 ★
Soccer
Kickball24 ★
Westmont
Yard
Olympics

Soccer

27 ★
Dribbling
Passing28 ★
Passing
Shooting29 ★
Shooting
Defense30 ★
Defense
Team Play31 ★
Fun
Games

2

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2

6

Theme
Days

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6

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2

Multi-Sport**Monday****3**
Football
Volleyball**Tuesday****4**
Soccer
Ultimate
Frisbee**Wednesday****5**
Baseball
Handball**Thursday****6**
Basketball
Dodgeball**Friday****7**
Fun
Games**Soccer****10**
Dribbling
Passing**11**
Passing
Shooting**12**
Shooting
Defense**13**
Defense
Team Play**14**
Fun
Games